

TORS PARK

LYNMOUTH



WELLNESS



RETREATS



EVENTS



WHY TORS PARK AND LYNMOUTH?

Standing on the sea cliffs of Exmoor National Park, Tors Park offers a rare connection to nature in one of England's most undiscovered regions. Lynmouth is a hidden gem where the wild and rugged landscapes of Exmoor meet the dramatic coastline, offering an unforgettable escape from the everyday. This is a place where untouched natural beauty and fresh coastal air inspire a sense of calm and wonder. At Tors Park, you'll experience the charm of a timeless, secluded retreat where tranquility meets adventure, and the wilderness invites you to explore its secrets.

ON SITE FACILITIES



SPACE

Our brand new tented deck stands amongst the treetops, with a breathtaking view over the sea, perfect for classes and events. SPACE has removable sides for all weather and can accommodate:
Up to 60 people seated in rows
25 standing/seated circle
25 yoga mats



Sauna & Ice Bath

Our Sauna & Ice bath deck is nestled in the woodlands of Tors Park with views over the gorge valley, Lynmouth's picturesque fishing harbour and the sea beyond.



Watersmeet Spa

A cozy and rejuvenating space with woodburner, woodland views, and dedicated treatment room for massage and holistic therapies.



Terrace

Terrace is our outdoor dining area with BBQ, communal tables and stunning sea views. It is the perfect place to get together.



ESCAPE - EXPLORE - ENJOY

There are a host of activities to enjoy while staying with us. We are here to curate the perfect retreat schedule for you and your guests.



Lyn Seals - Wild Swimming



OSKC - Sea Kayaking



Walking on Waves - Surf School



Coastal Adventures - Coasteering



Exmoor Vineyard - Wine Tasting and Tours



E-Bike TrailTours

ACCOMMODATION

Tors Park is a collection of 36 luxury self-catered 1, 2 and 3 bedroom apartments, each with its own fully equipped kitchen, wood burning stove and outdoor space. The apartments have all been designed with relaxation, rejuvenation and reconnection in mind, with breathtaking sea or enchanting wooded valley views. All our bedrooms can either be configured as a king, or twins to suit any group of guests.



Our Ocean Terrace offers the perfect space for a Club Room/Lounge, with space for communal indoor and outdoor dining on the large terrace. Ocean Terrace also has 2 bedrooms that can be accommodation for facilitators/hosts.



Our Ocean Penthouse, with its double height ceilings, can also be used as a communal space for meditation and sound baths, or as an 'auditorium' for talks or screenings.

We have parking spaces for up to 40 cars, and 24 EV chargers.





Food for the Soul

Local chefs can provide a variety of healthy and delicious dining options for all dietary requirements for your retreat or event, whether it's a simple welcome platter or full-service catering for the entire stay.

Signature Treatments

From soothing Hot Stones Body Massage to tension-relieving Indian Head Massage, each experience is tailored to individual needs. Add a layer of rejuvenation to your retreat.



Getting around

We can handle all transport arrangements, ensuring a smooth arrival to and departure from Tors Park. During your stay, we can also organise transport for local activities and adventures.

GUEST SERVICES

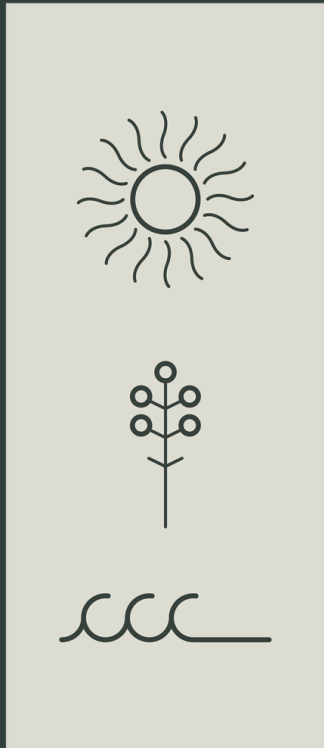
We offer a variety of guest services at Tors Park that can be included in a retreat package, or added on as an extra for your guests. We can also host external practitioners in dedicated space.

BEHIND TORS PARK

Father and daughter, Sam and India Glover are the long-time adventure partners behind Tors Park. For over two decades, they have travelled together, grasping every opportunity to explore, discover and experience hidden gems across the globe. Their shared love for wellness and the outdoors has taken them far and wide, and after years of unforgettable journeys together, they have channelled their passion into something closer to home, creating Tors Park; a place where you can unwind, recharge and connect with the surrounding landscapes.

Through Tors Park, Sam and India invite you to experience the wild beauty of North Devon, echoing the same spirit of discovery that has shaped their lives.





RETREAT WITH US

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